Eye Drop Schedule & Tracker

EYE DROPS (1) Medication: Dose:													
Frequency: Length of Treatment:			Frequency: Length of Trea		Frequency: Length of Treatment:								
EYE DROP SCHEDU			lorning		Midda			Afterno			Evening		
Medication 1		0			0		0			0			
Medication 2			0					0			0		
Medication 3			0		0			0		0			
EYE DROP TRACKEI	R			·									
Day 1	Day 2		Day 3		Day 4		Day 5		Day 6		Day 7		
O1 O2 O3	O 1	O2 O3	O1 O2	3	O1 O2	○ 3	O 1	O2 O3	01 02	2 (3	O1 O2	3	
	•		•		•		•		•		•		

If you're taking more than one eye drop, wait 5 minutes before using the second eye drop medication.

To prevent infection or contamination of the solution, try not to allow the end of the bottle to make contact with the eye or anything else. Always remember to replace the bottle cap after applying the drops.

If you find it difficult to do this yourself, ask a loved one to follow these steps and administer the eye drops for you. Special devices are also available to improve administration of eye drops. Talk to your eye doctor or pharmacist.